

Artsoculus arts-based educational programs for caregivers and learners with dementia are unique and developing as we grow. Here are some sample programs for you to consider.

Sample Caregiver Programs

Caregiver programs are designed to further engage and develop the capacity of caregivers through continued professional learning. The skills and techniques gained through participation in *Artsoculus* learning programs contribute to the development of new skills that enhance communication in caregiving, and provide opportunities for personal growth and expression.

- Simple Watercolour Painting Techniques
- Collage
- Bookmaking/Collage as a pathway to enhance conversation

Simple Watercolour Painting Techniques

This program teaches you how to prepare a creative space using simple materials, many of which can be found at home. This course includes: preparing and using art materials, basic colour theory, watercolour technique (wet-on-wet, sponging, stenciling), using form to create still life and abstract compositions. You will create a number of painted pieces to use as models for continued work with your client. You will create your painting kit, and learn how to document and use your work and your client's work to enhance your professional practice and facilitate conversation with your client.

Collage

In this program you will explore a variety of sources from which to collect visual materials for creative work. Some sources for these resources may include magazines, old books, photo albums and new photographs. Using collage techniques, you will create a number of small collage works on paper, board and other objects. Once again, these artworks can be used as a source of inspiration for continued work with your client.

Bookmaking/Collage as a pathway to enhance conversation

In this program you will learn how to create simple and impressive small books. The making of these books utilize collage work. Once again, the artworks created through this process serve as an excellent tool for creative work with your client and their family.